

## TRANSFORMATION (NOT COLD AND NUMB)

I am not cold and numb.  
Not simply dumb.

I am human  
because there's a fire  
burning inside of me.

I am locked up  
for many reasons  
throughout the seasons.

I stole,  
lied,  
manipulated,  
used  
every person  
who truly cared for me.

Now I've learned my lesson.

Now I truly see  
the joke I lived  
all landed on me.

Yet still I wonder  
why I miss so dearly  
that old life

which left me so weary?

– *Natasha T.*